

Digital

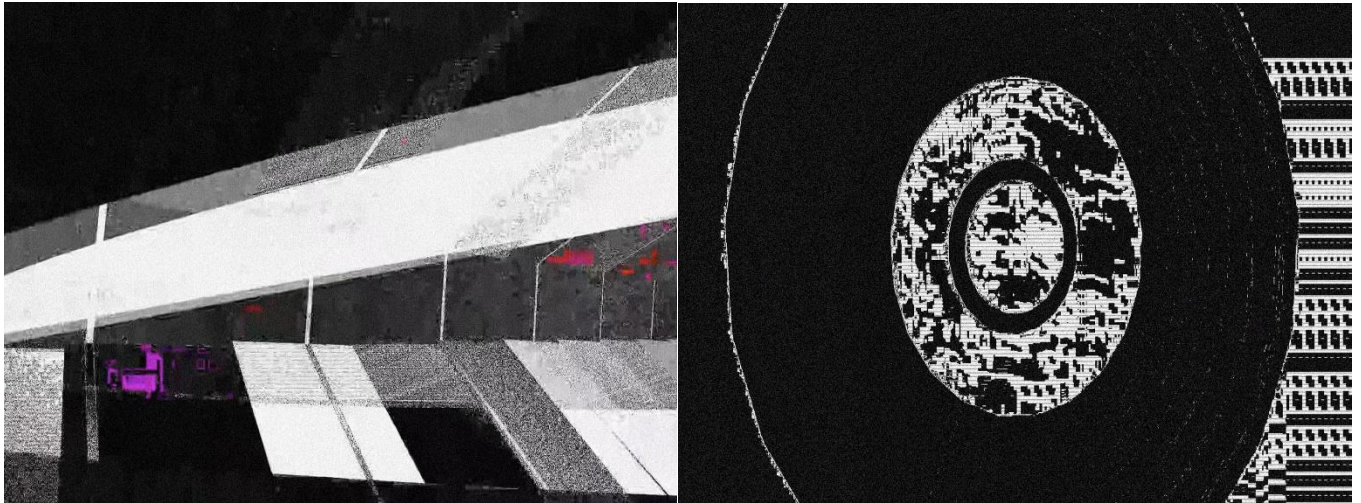
LCB Depot's exhibition & events programme highlights work from a different creative practice every month. In December 2021 the focus is on digital creativity from VR to gaming to digital art.

Work is exhibited across the site and online from **December 6th - 24th 2021,**

Mon to Fri, 9am - 5pm

To find out more visit <http://www.lcbdepot.co.uk/event/digital>

#digital @lcbdepot



Audiovisual

Andy Harper

Orkugjafi is part of my latest EP which combines Binaural Beats with corresponding visuals. AVE (Audiovisual Entrainment) uses flashes of lights and pulses of tones to guide the brain into various states of brainwave activity.

Orkugjafi is recorded using slightly different frequencies in each ear. Listening to this track will give the auditory illusion of a third tone, which is called a binaural beat. This track will force the mind to drop to a frequency between 0.5 Hz and 4 Hz. (Delta waves). This frequency usually induces sleep, however combined with synced pulsing visuals - it can be possible to relax the mind whilst staying highly focused, which is the principle of meditation. The sounds of the NY underground provide the familiar sounds that anchor us to reality. check out his blog via the bio>Creative focus / <https://andyharper.co.uk/audiovisual-performance-digital-at-the-lightbox>

Artist Bio

Harper's practice encompasses exploring the natural dualities that are found around us whilst promoting a balance between doing and being.

In exploring the dichotomies that exist between technology and Nature, Harper utilises advanced technology to juxtapose science with Spirituality. His work seeks to emulate the innate meditative moments found in nature - like the dying embers of a fire or light glistening on water.

<https://www.instagram.com/isandyharper/>